

राष्ट्रीय प्रौद्योगिकी संस्थान आंध्र प्रदेश

NATIONAL INSTITUTE OF TECHNOLOGY ANDHRA PRADESH

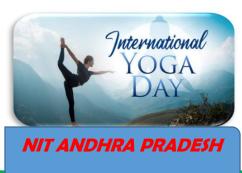
DEPARTMENT OF PHYSICAL EDUCATION

Tadepalligudem – 534101, West Godavari Dist., Andhra Pradesh, India.

Date: 04.05.2022

Circular







Subject: Call for articles on the eve of International Yoga Day (IYD-2022) - Regarding

It is hereby informed that in view of 8th International Yoga Day (IYD-2022), 26th June 2022, NIT Andhra Pradesh is inviting the articles on the theme of Yoga. The best informative and effective articles may be published in Yoga magazine which will be released on International Yoga Day and the same will be placed in NIT Andhra Pradesh Library. Interested people (Students/Faculty/Staff) can send your articles to tsr.nts@nitandhra.ac.in on or before 11th June 2022.

Theme of the Articles:

- 1. Chronological development of International Yoga Day and its importance
- 2. Yoga Physical Fitness in Modern Era
- 3. Yoga Physiological Fitness in Modern Era
- 4. Yoga Diabetics in Modern Era
- 5. Yoga Arthritis in Modern Era
- 6. Yoga Back pain in Modern Era
- 7. Yoga Obesity in Modern Era
- 8. Yoga and Sports
- 9. Yoga Wellness and Wellbeing in Modern Era

Sd/-Head, Sports & Games Sd/-Faculty in-charge, Sports & Games Sd/-Dean, Student Welfare